

Children's Hospital and Health System Chorus Community Health Plans Policy and Procedure

This policy applies to the following entity(s):

- | | |
|--|---|
| <input type="checkbox"/> CHW – Milwaukee | <input type="checkbox"/> CHW - Fox Valley |
| <input type="checkbox"/> CHHS Foundation | <input type="checkbox"/> CHW - Surgicenter |
| <input type="checkbox"/> CHW – Community Services Division | <input checked="" type="checkbox"/> Chorus Community Health Plans |
| <input type="checkbox"/> Children's Medical Group - Primary Care | <input type="checkbox"/> Children's Specialty Group |
| <input type="checkbox"/> Children's Medical Group - Urgent Care | <input type="checkbox"/> CHHS Corporate Departments |

Medical Utilization Management Policy

SUBJECT: CUSTOM FOOT ORTHOTICS

INCLUDED PRODUCT(S):

Medicaid

BadgerCare Plus

Care4Kids Program

Individual and Family

Commercial

Marketplace

PURPOSE OR DESCRIPTION:

The purpose of this policy is to define criteria for the medically necessary use of custom foot orthotics (CFO).

POLICY:

CCHP considers a custom foot orthotic (CFO) to be medically necessary when a member has pain in the arch, heel or other area of the foot and diagnosis of:

1. Juvenile idiopathic arthritis
2. Pes cavus (high arch)
3. Other, including pes planus, pes planovalgus and plantar fasciitis:
 - a. Symptoms present for at least 3 months
 - b. Conservative measures have been tried first, as indicated by one of the following :
 - i. Physical therapy
 - ii. Prefabricated orthotics

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- iii. Anti-inflammatory medication
- iv. Activity adjustment
- c. Member has been evaluated by the prescribing provider AFTER the conservative measure(s) has been tried, and the ongoing need for the CFO is documented.

For CFO replacement, ALL of the following must be present:

1. At least 12 months have passed since the last CFO was dispensed
2. Documentation shows one of the following:
 - a. The initial CFO is worn out; or
 - b. The member is a growing child, and the initial CFO is too small
3. Documentation shows one of the following:
 - a. The initial CFO was effective and member was using the CFO; or
 - b. Member has been re-evaluated by the prescribing provider and documentation supports the ongoing need for the CFO

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